

Multimodal Non-Opioid Pain Regimen

Postoperative Days 0-5

Morning

- Meloxicam 7.5 mg
- Gabapentin 300 mg
- Diazepam 5 mg
- Acetaminophen 1,000 mg

Noon

- Gabapentin 300 mg
- Diazepam 5 mg
- Acetaminophen 1,000 mg

Afternoon

- Meloxicam 7.5 mg
- Gabapentin 300mg
- Diazepam 5 mg
- Acetaminophen 1,000 mg

Evening

- Diazepam 5 mg

Postoperative Days 6-14

Morning

- Meloxicam 7.5 mg
- Diazepam 5 mg
- Acetaminophen 1,000 mg

Noon

Afternoon

- Meloxicam 7.5 mg
- Diazepam 5 mg
- Acetaminophen 1,000 mg

Evening

- Diazepam 5 mg
 - Acetaminophen 1,000 mg
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Break-through Pain (Optional)

If pain is greater than a 5/10 on a pain scale, take one table of Oxycodone 5mg every 6 hours as needed for pain